



This issue of "Gifted & Distractible" is sponsored by:



FlexSchool's mission is to create learning spaces where gifted and twice-exceptional students all over the world are accepted, valued, and supported.

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In this month's issue of "Gifted & Distractible" Julie's blog "The Importance of Seeing the Forest Through the Trees" discusses how twice exceptional learners may need to understand the big picture before they can concentrate on the details. This tweak in presenting information, Julie counsels, may diffuse unwanted behavior in the classroom and at home.

Articles this month discuss self regulation, accommodations for processing speed, and a way to address sensory and attendant sensory issues.

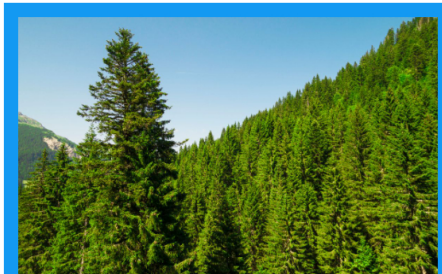
2 Days of 2e Virtual Conference Update: learn all about the conference including that Maryland is offering 1-2 Continuing Professional Development Credits for teachers! If you would like us to apply to YOUR STATE, [contact us.](#)

Video: Hear Inspirational Closing Keynote, LeDerick Horne talk about his wish for 2e students.

With Understanding Comes Calm Out in the Community let's you know where Julie is speaking next.

Events Listing highlights events for the 2e Community.

JULIE'S BLOG



2e thinkers sometimes need to know the full picture and context to what they are learning in order to focus on the lesson at hand. Through anecdotal evidence in this month's blog, [The Importance of Seeing the Forest Through the Trees](#), Julie discusses the importance of this nuance for increasing engagement and curbing unwanted behavior.

ARTICLES

In this article, ["Concrete Ways to Help Students Self-Regulate and Prioritize Work"](#) the author talks about the importance of modeling for students.

In ["Teacher Tip: 5 Ways to Use Slow Processing Speed Accommodations at Home"](#) the Understood.com Team considers the importance of leaning in to the student's pace. Avoiding the pressure of timers and sticking to a reasonable amount of work (and no more) are part of the excellent suggestions found in this article.

knox news.

PART OF THE USA TODAY NETWORK

How Knox County Schools are Taking a Positive Approach to Problem Behaviors Using Plants highlights one school's "calming corner" which involves nature and various sensory options to calm kids.

2 DAYS OF 2e VIRTUAL CONFERENCE



2 Days of 2e Virtual Conference

Bringing Out the Best and Raising Self-Esteem in Gifted and 2e Individuals

EARLY BIRD RATE! ONLY \$109 FOR ALL 12 SESSIONS

10% OFF FOR GROUPS OF 5+

Register at 2Daysof2e.com



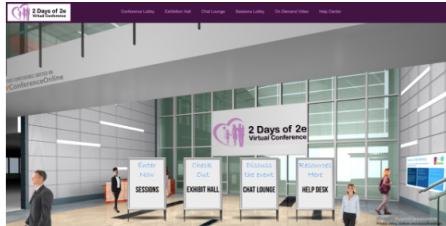
TEACHER CPD CREDITS

2 Days of 2e Virtual Conference APPROVED in Maryland for Professional Development Credits! [Learn More Here](#)

The State of Maryland has approved 2 Days of 2e for one or two (1-2) Continuing Professional Development (CPD) credits. Register now and receive 10% off for groups of 5+.

Want your State to offer credits for participating in 2 Days of 2e? Contact Stephen Wynkoop, Steve@WithUnderstandingComesCalm.com

(REMEMBER - WE ARE VIRTUAL! No need to miss work, pay for lodging or food!)



Interested in Exhibiting at 2 Days of 2e?

Tell the world about your 2e service, school, book or conference!

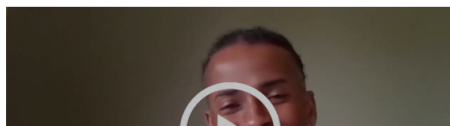
Contact 2 Days of 2e co-Producer, Steve Wynkoop at Steve@WithUnderstandingComesCalm.com

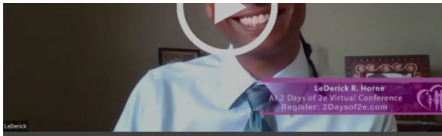
Exhibitor booths are ONLINE and available for SIX MONTHS beginning October 29.

No need to travel or miss work - WE . ARE . VIRTUAL.

Thank you to our growing list of exhibitors

2e News





LeDerick R. Horne
AUG. Days of 2e Virtual Conference
Register: 2e.wor7e.com

Listen to inspirational Closing Keynote, LeDerick Horne, talk about his one wish for 2e students.

[REGISTER](#)




2 Days of 2e Virtual Conference

<p>OPENING KEYNOTE: UNDERSTANDING AND ADDRESSING EMOTION REGULATION IN 2E CHILDREN</p> <p>Julie Skolnick, M.A., J.D., Founder of With Understanding Comes Calm</p> 	<p>CLOSING KEYNOTE: BEYOND CLASSIFICATION</p> <p>LeDerick Horne, Poet, Speaker, Disability Activist</p> 			
 <p>Joanna Haase, Ph.D., MT</p>	 <p>Richard Cash, Ed.D.</p>	 <p>Paul Beljan, PsyD., ADHD, ABN</p>	 <p>Rena D. Mayes, PhD., NCC</p>	 <p>Don Ambrose, Ph.D.</p>
 <p>Debbie Reber, M.A.</p>	 <p>Josh Shaine</p>	 <p>Femke Hovinga, M.A.</p>	 <p>Maria Johnson, SLP</p>	 <p>Greg Burnham, M.S.</p>

2 Days of 2e Sessions:

- Julie Skolnick, M.A., J.D.**, Opening Keynote: Understanding & Addressing Emotion Regulation in 2e Children
- Joanna Haase, PhD., MT**, Gifted Physiology: A Whole Body Approach to Understanding OE's & Gifted Differences
- Richard Cash, Ed.D.**, Finding Balance: Teaching 2e students to be Self-Regulated
- Paul Beljan, Psy.D., ABPdN, ABN**, The Expression of Asynchronous Development & Associated Intervention
- Rena D. Mayes, PhD., NCC**, Supporting the Success of Culturally Diverse 2e Students
- Don Ambrose, Ph.D.**, Using Visual Metaphor to Teach 2e Learners
- Debbie Reber, M.A.**, Creating a Secure World for 2e Kids
- Josh Shaine**, Non-Linear Thinkers in a linear World
- Femke Hovinga, M.A.**, Gifted at Work: Different Profiles, Different Challenges
- Maria Johnson, SLP**, Uncovering the Social Minds of Tweens & Teens
- Greg Burnham, M.S., LMFT**, Looking at 2e Through a Developmental Trauma Lens
- LeDerick Horne**, Closing Keynote: Beyond Classification

WITH UNDERSTANDING COMES CALM OUT IN THE COMMUNITY



Julie is thrilled to be invited by Yachad to bring Gifted and Twice Exceptionality for the FIRST TIME to their Special Education Conference on Feb. 5 in Baltimore, MD! Training educators to understand and address the needs of Gifted and 2e Learners speaks to the With Understanding Comes Calm mission to empower educators and raise self confidence in 2e students.

[Learn more here.](#)



Julie brings her perspective on gifted and 2e to the virtual global SPINS conference on March 5. More information coming.

What is With Understanding Comes Calm, LLC?

Our mission is: To **empower** parents, educators, professionals and adults to **bring out the best** and **raise self esteem** in their children, students, clients and themselves.

- **Guiding Families** Understanding, Durable Strategies, Implementation Plans and Advocacy
- **Mentoring Individuals** Connection, Fulfillment, Validation, Solutions
- **Collaborating with Educators and Clinicians** Collaboration, Training, Best Practices, Resolution.

Contact Founder and President, [Julie Skolnick](#) with any inquiries.

2e News

Opportunity for "Gifted & Distractable" Readers!

Use code: R1RRM91W4_WUCC at www.2enews.com to get \$10 off a full subscription to 2e News! This is a fabulous resource for parents, educators and professionals. All you have to do to sign up is click subscribe, enter your information, enter the code, submit payment and you are all set!

UPCOMING EVENTS

- Sept. 10: SENGINar: Relationships and 2e, 7:30 - 9:00 pm, \$20 members, \$40 non-members, [Register](#).
- Sept. 11: Free Webinar, Lessening Challenging Behaviors: Teachers and Classrooms as Partners in Facilitating Pro-Social Development, by Michelle Salcedo, 2:00 pm, Sponsored by Free Spirit Publishing, [Register](#).
- Sept. 18-19: Gifted Education in Independent Schools, Sycamore School, Indianapolis, IN, [REGISTER](#)
- Sept. 22nd, Annual Cork Autism Conference for families and professionals. www.bookwhen.com/autismcork
- Oct. 3: 12:00-12:45 Lunch and Learn, Increasing the Representation of Black Boys in Gifted Education: Strategies for Educators and Parents; Maryland Coalition for Gifted and Talented Education (McGate) Free for McGate members, \$25 non-members. [Register](#).
- Oct. 11-13: Vision and Leadership 2e Symposium, Bridges 2e Center for Research and Professional Development, [REGISTER](#)
- Oct. 11-12: Florida Assn. for Gifted Annual Conference, Cape Canaveral, FL, [REGISTER](#)
- Oct. 16-28: ECHA (European Council for High Ability) Annual Conference, Dubrovnik, Croatia. [REGISTER](#)
- Oct. 17-29: Virginia Assn. for Gifted Annual Conference, Richmond, VA, [REGISTER](#)
- Oct. 18-19: WAETAG, Hilton Bellevue, Bellevue, WA, [REGISTER](#)
- Oct. 19: 6th Annual Innovators in Education Conference: Embracing Neurodiversity: Strength-Based Strategies for Children and Teens, 8:00 am - 4:45 pm; Universities at Shady Grove 9630 Gudelsky Dr. Rockville, MD 20850, [REGISTER](#)
- Oct. 20-22: CAGT, Colorado Assn. for Gifted and Talented, Annual Conference, "A Gifted State of Mind," Loveland, CO, [REGISTER](#)
- Oct. 20-22: Ohio Assn for Gifted Annual Conference, [REGISTER](#)
- Oct. 29-30: [2 Days of 2e Virtual Conference](#) [Register](#) Live Chat with speakers available on October 29-30; Full Conference ON DEMAND through April 2020.
- Nov. 7-10: NAGC Annual Conference, Albuquerque, NM, [REGISTER](#)
- Feb. 5: Yachad Special Education Conference for Educators, Baltimore, MD, [Learn More](#).
- March 5: SPINS - Special Kids International Summit virtual conference.

ONGOING EVENTS:

- 2 Days of 2e Virtual Conference; Launch October 29-30. On-Demand through April 2020. [Register](#).
- Mom's Support Group for Raising Kids with ADHD, starting September 18, 2019, 8 Wednesdays 7:00 pm - 8:30 pm, Chesapeake Center, 6490 Rockledge Dr., \$125, [Register](#)
- Dr. Adam Pietter's online iParent 101 course "Safety in the Digital Age." Learn more and [REGISTER](#)
- At CCL, we continue to expand our programs for children and families. We are very excited to offer new groups to facilitate your child's social-emotional development. Our Be Social Kids programs are unique! We help your child to understand the "WHY" behind the social skills. Based on the frameworks of social thinking, we help children to navigate their social world by providing concepts and strategies that allow them to understand social expectations, to explore thoughts and feelings, and to learn how to form connections with their peers. [Learn More](#) www.ccl-md.com 301-468-9343 ext 2

WANT TO SEE YOUR EVENT OR CLASS IN "GIFTED & DISTRACTIBLE?" EMAIL [JULIE](mailto:julie@2enews.com) BY THE 15TH OF THE MONTH AND INCLUDE YOUR EVENT'S DATE, TITLE, LOCATION, COST AND LINK TO REGISTER.

[Subscribe to "Gifted & Distractable"](#)



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