

Gifted & Distractible

Newsletter for the Twice Exceptional Community



WITH UNDERSTANDING COMES CALM, LLC

*Compassionate Guidance. Durable Strategies.
For the 2e Community.*

September Gifted & Distractible
sponsored by:



ELLIOT BLUMENSTEIN, PSY.D. AND ASSOCIATES
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It's September and we are collectively shaking our heads asking, "Where did the time go?"

This issue is dedicated to back-to-school and ways to prepare yourself, your child and your child's teachers for a successful year.

Remember, parents, educators and clinicians - register for our [2 Days of 2e](#) virtual Conference to gain understanding and strategies you can use now in your home, classroom and clinician's office.

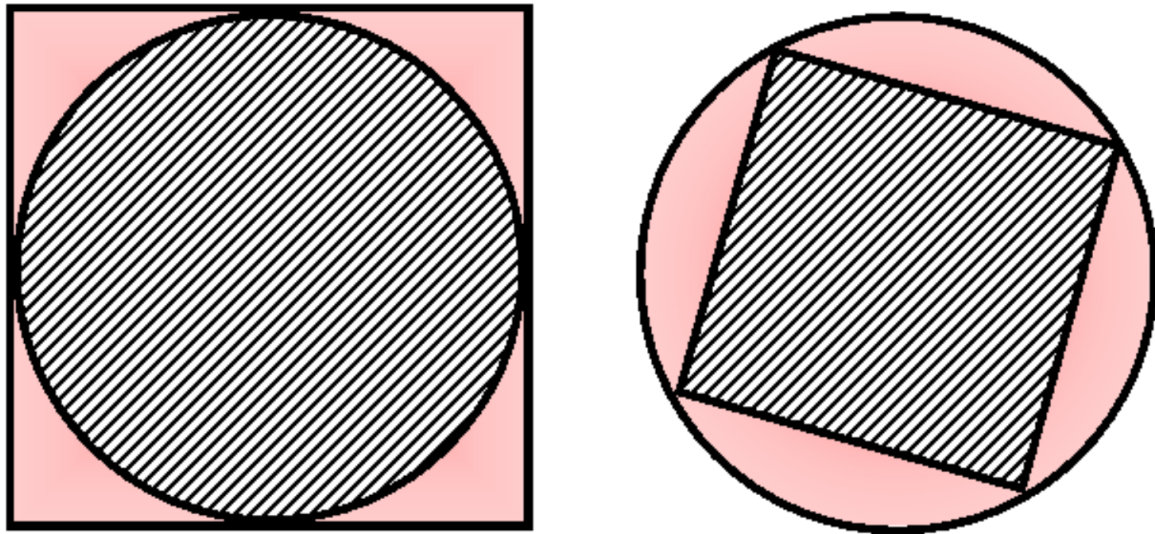
The DISCOUNT PRICE is good until September 27. [Register](#) today.

2 Days of 2e Virtual Conference Speakers

Day 1 Speakers	Session
Julie Skolnick, M.A., J.D.	Cycle for Success: Parenting and Teaching 2e
Stephen Chou, Psy.D.	Identification
Susan Baum, Ph.D. & Robin Schader, Ph.D.	A Strength-Based and Talent-Focused Approach
Edward Amend, Psy.D.	Misdiagnosis and Missed Diagnosis
Dan Peters, Ph.D.	Make your 2e Worrier a Warrior
Day 2	
Lisa Van Gemert, M.Ed.T.	Addressing Perfectionism
Donna Y. Ford, Ph.D.	Understanding, Preventing, and Reversing Underachievement Among 2e Students

Joseph Renzulli, Ed.D., & Sally Reis, Ph.D.	Schoolwide Enrichment and Talent Development
Bobbie Gilman, M.S	Academic Advocacy for 2e Children
Jonathan Mooney	Normal Sucks

Julie's Blog



Julie's Monthly Blog, [Adjusting Adults Instead of Changing 2e Children](#) discusses how schools and adults need to change perspective and approach to parenting and teaching 2e children. Rather than requiring the child to change, this month's blog talks about recognizing the strengths of a 2e child and using those strengths to get at what needs support.

Articles & News

• [Tips to Help Kids with Back to School Anxiety](#) gives some

- [Tips to Help Kids with Back to School Anxiety](#) gives some great common sense strategies and suggestions on how to transition back to school
- Read about managing organization when parents and kids are challenged by executive functioning challenges in: [Back to School Tips for the Family with Executive Function Challenges](#).
- [Release Your Fears: A Post Diagnosis Guide for Parents](#) discusses parenting from "a place of possibility not fear."
- [The Girl Who Smelled Pink](#) is a fascinating discussion of synesthesia (heightened and shared sensory experience like smelling colors and tasting sounds). An interesting take-away is whether we lose our inherent abilities as we conform to the world's expectations.

With Understanding Comes Calm in the Community

- Julie appeared on Dr. Dan Peters' Parent Footprint Podcast. [Listen](#) here as she talks about the importance of being present, and using strategies to bring out the best and raise self esteem in 2e kids. A favorite quote:
"Everyone wants to be understood. Whether you are 2e or not, whether you are a kid or not. It's the human condition."

wanting to be understood."

- Julie reviews Tom Ropelewski's new film, "2e: 2 Teaching the Twice Exceptional" in 2e Newsletter. [Check it out.](#)
- Julie is looking forward to speaking at the Maryland Educators for Gifted Students Conference on October 19. [Learn more](#) about the conference.



2 Days of 2e Virtual Conference

October 26-27, 2018

Bringing Out the Best and Raising Self-Esteem in Gifted and 2e Individuals

Available on-demand through April 2019

Join parents educators and clinicians to:

- Learn from **Renowned Experts** about everything from identification, misdiagnosis, anxiety, perfectionism and underachievement to strengths based strategies, talent development and advocacy
- **Live chat** with experts on our launch dates
- Build community in our parent and teacher **Discussion Forums**
- Gain valuable resources in our **Exhibitor Hall**
- Earn **Contact Hours** from the University of Connecticut

Discounted price through September 27 - \$99 per individual and \$89 per person in groups of 5+ [Register](#) today!

UPCOMING EVENTS FOR FAMILIES, GIFTED AND TWICE EXCEPTIONAL CHILDREN

- September 11, CHADD, Free Lecture "Engaging the Student in Learning, 6 Research Based Active Study Methods, Maureen Loftus, Learning Rx, 7:00 pm - 8:30 pm, Oakwood School, 7210 Braddock Rd., Annandale, Va. [Register](#)

- September 29; SENG mini conference, Lafayette, LA, [More Information.](#)

- October 11-13, WAETAG Washington Association of Educators of the Gifted and Talented, Bellevue, WA. [More information.](#)

- October 14-16; Iowa Talented and Gifted Association, Des Moines, IA, [Learn more.](#)

- October 19; MEGS, Maryland Educators of Gifted Students Conference, Owings Mills, MD, [Register.](#)

- October 19-20; Gifted Association of Missouri, Drury University, Springfield, MO. [Register.](#)

- October 20; Northern Va and D.C. Free Resource Fair, 8:00 am - 1:00 pm, Basis Independent School, 8000 Jones Branch Dr., McLean, Va [Register](#)

- October 26-27; 2 Days of 2e Virtual Conference - Featuring 12 renowned speakers, Discussion Forums and a virtual Exhibitor Hall! No need to travel or pay food or hotel costs. [Register.](#)

- October 27; Michigan Association for Gifted Children, Annual Conference, Avondale High School, Auburn Hills, MI [More information.](#)

- Nov. 9; TECA - Twice Exceptional Children's Advocacy, Molloy College, Rockville Centre, NY. [More information.](#)

- Nov 10; 5th Annual Innovators in Education Conference, 8:00 am - 4:45 pm, Universities at Shady Grove, 9630 Gudelski Dr., Rockville, MD [Register](#)

- Nov 15-18; NAGC Annual Conference, Minneapolis, MN, [Register.](#)

- February 18-21; Annual LDA International Conference, Ft. Worth, TX. [Click here](#) for more information and to Register.
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- ONGOING:
 - Dr. Adam Pletter's online iParent 101 course "Safety in the Digital Age." Learn more and [REGISTER](#).
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- First Sunday evening of each month; Procrastination Webinar & Student Group Discussion. Includes discussion how procrastination is an emotional response to task aversion - includes current research and strategies to help avoid procrastination. Student group discussions for high school and college age students. **Contact Michael Bromley at info@school4schools.com.**
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- Tuesdays, 4:15 pm; Social Adventurers Preschool - Kindergarten. Location: Center For Communication and Learning Rockville, Maryland info@ccl-md.com to receive intake information. Complete our Social Interest form: <https://goo.gl/forms/CetPACntHTGonVnk1>
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- ***WANT TO SEE YOUR EVENT OR CLASS IN "GIFTED & DISTRACTIBLE?"***

EMAIL [JULIE](#) BY THE 15TH OF THE MONTH AND INCLUDE YOUR EVENT'S DATE, TITLE, LOCATION, COST AND LINK TO REGISTER.

EDUCATORS AND PROFESSIONALS OF

What is With Understanding Comes Calm, LLC?

Our mission is: To **empower** parents, educators, professionals and adults to **bring out the best** and **raise self esteem** in their children, students, clients and themselves.

- **Mentoring Families** Understanding, Durable Strategies, Implementation Plans and Advocacy
- **Supporting Individuals** Connection, Fulfillment, Validation, Solutions
- **Partnering with Educators and Clinicians** Collaboration, Training, Best Practices, Resolution

Contact Founder and President, [Julie Skolnick](#) with any inquiries.



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