

## Gifted & Distractible

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Back to school has happened or is imminent. This issue of "Gifted and Distractible" looks at ways to succeed this year with a blog about the parent-child-teacher triangle and loads of resources and articles about school success.

**In this edition of "Gifted and Distractible" check out:**

- Julie's new position on the Maryland State Advisory Council for Gifted and Talented Education.
- Photos, a description and feedback from Julie's half day workshop at The Auburn School.
- Four tools taught at "Putting the Person Back into Personalized Learning" full day workshop at the 2e Center in Studio City, CA.
- Julie's new blog, "Making an investment in the Parent-Child-Teacher Triangle."

- U.S. Department of Education 16 page letter signaling concern over data showing students with disabilities are disciplined far more often than their typically-developing peers.
  - What sports are particularly suited to ADD and ADHD kids.
  - How to help your child cope with anxiety about going back to school.
  - American competitors in a different Olympics - the International Math Olympiad (IMO).
  - How school discipline misses "the mark."
  - Should we ditch our computers to enhance learning?
  - Upcoming events in and around Maryland, Virginia and DC.
  - Survey of interest for a Parent Empowerment Group.
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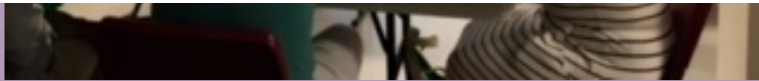


CHANGING  
*Maryland*  
*for the Better*

**Congratulations Julie for being nominated and invited to join the Maryland State Superintendent's Advisory Council on Gifted and Talented!**

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## Teacher Workshop

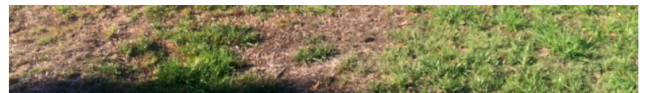
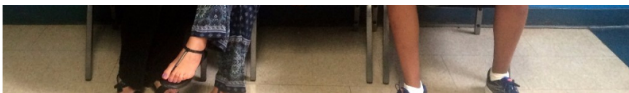
On August 24 Julie met with all three campuses (Silver Spring, Chantilly and Baltimore) of The Auburn School for a half day teacher workshop on "The True Meaning of Giftedness and Twice Exceptionality - Education, Strategies and Advocacy." The educators were engaged and enjoyed the presentations, break out sessions, role play and screening of "2e: Twice Exceptional." Some comments from Auburn teachers:

- *"I really appreciated your genuine passion for working to support parents of 2e children."*
- *"I loved the video and personal stories related to Julie's personal life she was very engaging!"*
- *"I loved seeing the bell curve of intelligence as a visual to understand the true need of differentiating for gifted learners. These students are so often overlooked that it was really fascinating to me to understand their needs and really learn what being 'gifted' is all about."*
- *"Excellent overview for new staff to show how we strive to build positive relationships with our students."*
- *"I felt splitting into groups gave us a chance to work on new skills and work with different people. It was amazing."*

**If you would like Julie to lead a workshop for your faculty please email her directly at [Julie@WithUnderstandingComesCalm.com](mailto:Julie@WithUnderstandingComesCalm.com).**

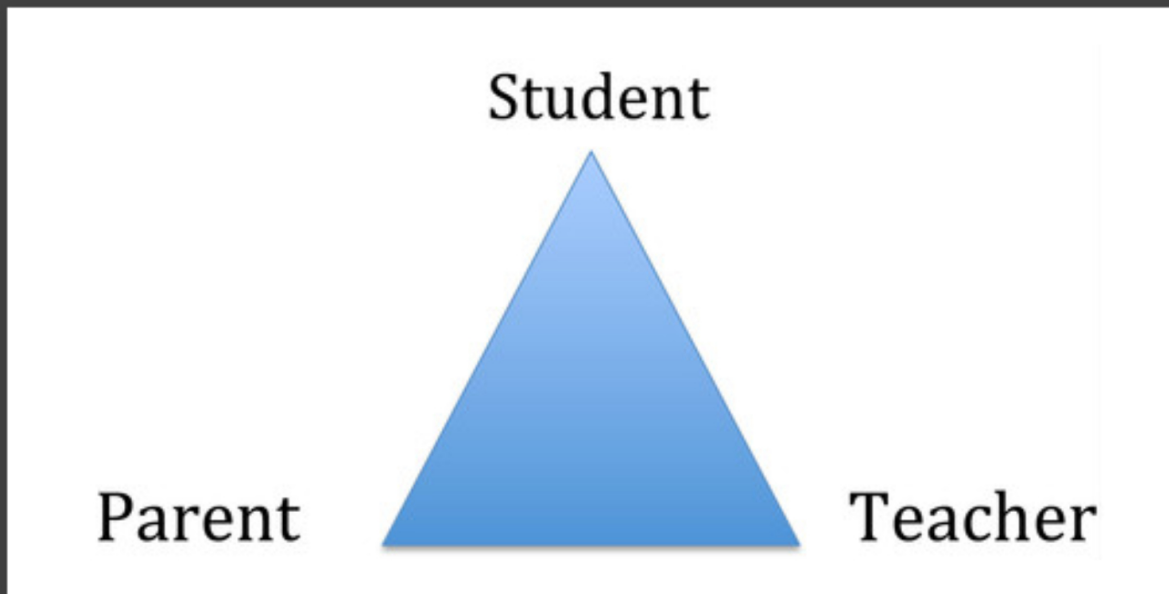






On August 24 Julie attended the "Putting the Person into Personalized Learning" full day workshop at the 2e Center on the Bridges Academy campus in Studio City, CA. The session leaders, Susan Baum, and Robin Schader rolled out four tools for strength based, talent-focused learning. Julie is incorporating these tools in her practice and is trained to teach these tools to educators. Contact Julie directly at [Julie@WithUnderstandingComesCalm.com](mailto:Julie@WithUnderstandingComesCalm.com) to learn more!

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Read Julie's latest blog; [Making an Investment in the Parent Child Teacher Triangle](#) with thoughts and strategies on how to help the transition back to school go smoothly.

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In a 16-page [letter](#) sent this month just before classes begin in many school districts, the U.S. Department of Education signaled its concern over data that shows students with disabilities are disciplined far more often than their typically-



show students with disabilities are disciplined far more often than their typically developing peers.

# ADDITUDE

Strategies and Support for ADHD & LD

What sports are best for our ADD/ADHD kids?  
Read this [article](#) and find out.



How to help your child with anxiety about going back to school. [Read this.](#)

THOMAS B.  
**FORDHAM**  
INSTITUTE

ADVANCING EDUCATIONAL EXCELLENCE

A different kind of Olympic star. [Read](#) about the Math Olympiad!

## Mother Jones

If you've ever worked with Julie or heard her speak, you know she is a big fan of Ross Greene's *Collaborative and Proactive Solutions* for helping kids with challenging behavior.

In [this article](#) "*What if everything you knew about disciplining kids was wrong?*" learn how to durably address behavior issues and teach skills while doing it.

Why note taking by hand helps with the brain to content connection.

Read about it [here](#).

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# **BREAKTHROUGH TEST PREP**

**SKILLS YOU NEED • SCORES YOU WANT •**

Breakthrough test prep is offering a \$75 discount for a minimum of 20 tutorial hours. Just mention With Understanding Comes Calm or [claim](#) here.



## **Upcoming Area Events for Families of Gifted and Twice Exceptional Children:**

### **LDAMC Events (LD Association of Montgomery County):**

#### **- Put Yourself in Their Shoes**

**Sunday September 18 & 25**

**2-4pm at the Olney library**

**Parents and teachers join us for a viewing of the video *FAT (Frustration, Anxiety, Tension) City: How Difficult Can This Be?* Created by educator and author, Rick Lavoie, this enlightening video helps you to “put yourself in their shoes” and experience what it is like to have several different learning challenges. [More Information.](#)**

### **Other MD, DC and VA events:**

**- Innovators in Education: From Theory to Practice Full Day Workshop  
September 10, 2016**

**The Universities at Shady Grove, Rockville, MD**

[Register.](#)

- **Hidden Pond Nature Center** in Springfield, VA is offering a class "Nature Speaks" beginning on 9/17. There are 3 sessions, 1 hr. each, \$8 per class. At no extra cost, a sibling may attend as well. The age range is 6-14 yrs. 703-451-9588

- **Diamonds in the Rough Conference**

**September 23-24**

**Pooks Hill Marriott, Bethesda, MD.**

[More Information.](#)

- **2016 State Conference on Gifted and Talented Education** October 21, 2016

**George Washington Carver Center for Arts and Technology in Towson, Maryland (Baltimore County). Keep track registration information [here.](#)**

- **NAGC's (National Association for Gifted Children's) 63rd National Conference**

**November 3-6, 2016**

**Walt Disney World, Orlando, Florida**

[Information and Registration](#)

**Ongoing Resources**

**Weekly Study Skills Classes – The StudyPro is offering 5-session classes weekly to help students better plan, initiate, manage and complete work. Class times and dates by grade. McLean, VA. [Register.](#)**



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Interested in getting together with other parents of gifted and distractible children in a safe and confidential setting to discuss unique challenges and accomplishments that gifted children bring to families? As a SENG certified parent group facilitator, Julie will start a Parent Empowerment Group in Maryland based on interest. Please email her if you are interested and specify whether you prefer morning or evening. [Julie@WithUnderstandingComesCalm.com](mailto:Julie@WithUnderstandingComesCalm.com)

If you like what you see in our Newsletter, please share widely!



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