

Gifted & Distractible

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"Letting Go" is the subject of Julie's blog this month. Many people are recalibrating expectations and adjusting to 'new norms' globally - in the face of natural and man-made disasters. Letting go is an essential strategy to successfully move forward.

In the case of parenting and educating 2e children, letting go is imperative to maintaining relationships and creating positive outcomes.

This month's "Gifted & Distractible" Newsletter is dedicated to facing challenges while LETTING GO of convention - ways you've always done things, thought about things, or reacted in certain

circumstances.

We find a wonderful first-hand example of how parents, educators and 2e kids find success when they let go of conventional approaches to parenting and education in the award-winning film "2e: Twice Exceptional." [Get your tickets](#) to our November 14 Screening Event featuring "2e: Twice Exceptional."

Look for an interview with "2e: Twice Exceptional" Producer, Tom Ropelewski, below.

As always, please share this Newsletter on social media and within your own communities with anyone you think will benefit from it.

[Subscribe.](#)

LAST CHANCE TO GET YOUR [TICKETS!](#)



SCREENING EVENT in Arlington, VA!

- Mingle with like-minded parents, educators and professionals
- Meet exhibitors - schools and services for 2e kids and families
- Enter a raffle for awesome prizes relevant to twice exceptionality
- View the award-winning documentary, "2e: Twice Exceptional."

Date: Tuesday, November 14, 2017

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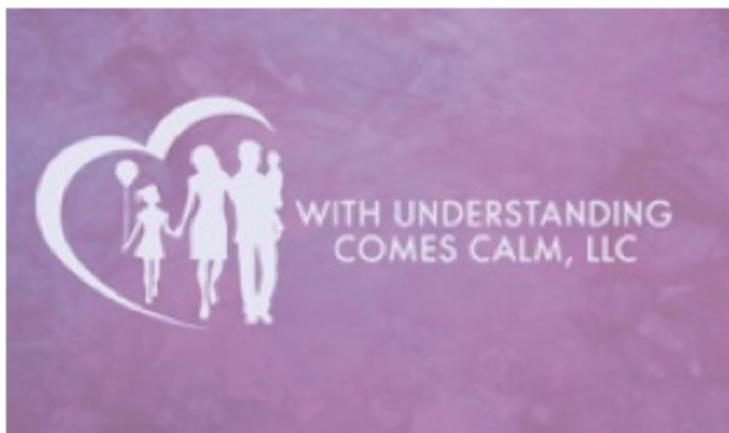
Time: 7:00 pm - 9:00 pm

Location: Holiday Inn, 4610 N. Fairfax, Dr., Arlington, Va. 22203

Purchase: \$9.50 Tickets at:

WithUnderstandingComesCalm.brownpapertickets.com

With Understanding Comes Calm, LLC in partnership with The Sycamore School



In partnership with:



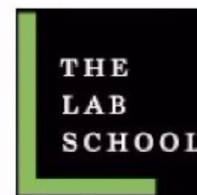
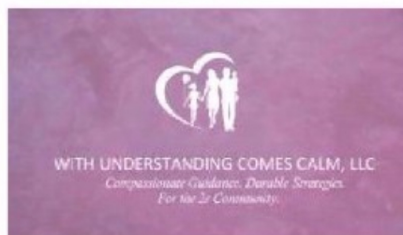
Thank you to our Exhibitors!

Exhibitor space is SOLD OUT but if you or your 2e-related business is interested in advertising please contact Julie directly:

Julie@WithUnderstandingComesCalm.com



The Howard Gardner School



ARTICLES AND BLOGS



Julie's Monthly Blog: ["Letting Go"](#)

In homes and classrooms “letting go” is essential in order to achieve positive results for 2e kids. While interacting with a 2e child, parents and educators find themselves traveling in unplanned directions and role modeling flexibility and strength as they LET GO of conventions. [Read more.](#)

ADDITUDE

Strategies and Support for ADHD & LD

"Am I Bad?"

Hyperactivity and impulsivity can be misread as aggression. [Read this article](#) and learn to help others LET GO of this misperception.

[this article](#) and learn to help others LET GO of this misperception.

ScienceDaily®

School Year Relative Age Causing Bias in ADHD Diagnosis

Do we need to LET GO of preconceived notions? [Read it.](#)

Mind/Shift How we will learn.

How School Leaders Can Attend to the Personal Side of Change

It's necessary to LET GO of the maxim, "it's not personal, it's business," in schools, because teaching is a very personal profession. [Read about it.](#)

Mind/Shift How we will learn.

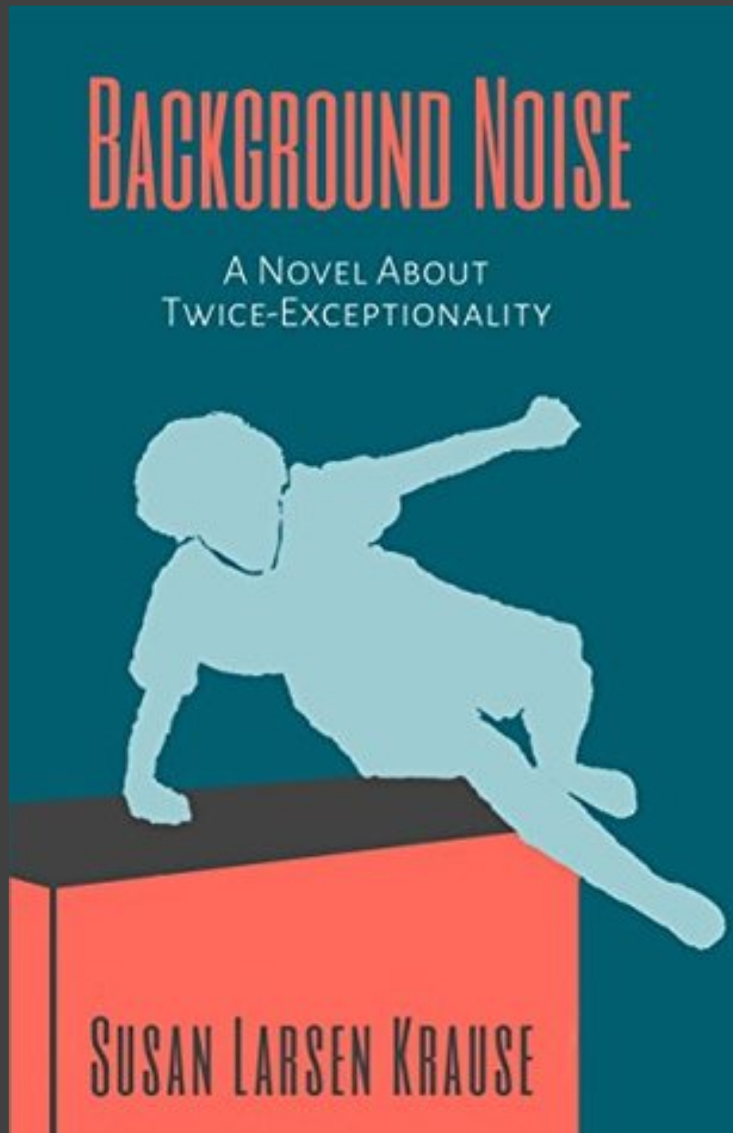
Anxiety is Taking a Toll on Teens, their Families and Schools

[Read about](#) learning to LET GO of control.

Not So **FORMULAic**
READ • WRITE • LIVE • LEARN • PRAY

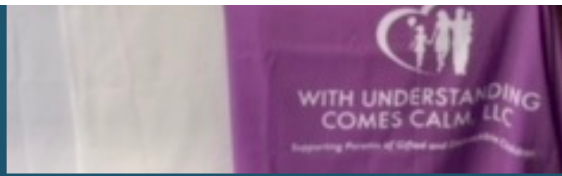
100 Awesome Resources for Gifted kids!

LET GO of video games and check out these fabulous suggestions from Aviation to Coding and Visual Arts. [Read.](#)



[Background Noise](#) is my new favorite novel. Friend and author, Susan Krause captures the true experience of a 2e kid. I laughed, cried and stayed up way too late reading this fab novel.





At the 2e Symposium with Background Noise author, Susan Krause.

With Understanding Comes Calm out and about in the Community

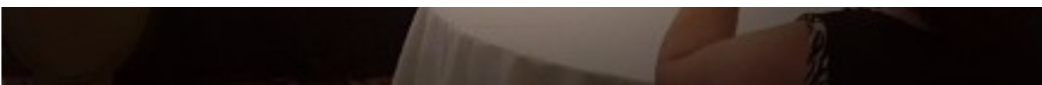
VISION AND LEADERSHIP IN 2E EDUCATION

A symposium presented by the 2e Center for Research and Professional Development at Bridges Academy


On October 14 Julie participated in a panel discussion on *Improving Relationships with Parents* at The [2e Center for Research and Professional Development](#) second biennial symposium, entitled "Vision and Leadership in 2e Education."

Check out the [2e Center's website](#) for a great slideshow highlighting the chronology of our growing field.





What a great time exhibiting and presenting at the Maryland State Conference on Gifted and Talented!

DIAMONDS IN THE ROUGH
DC Area's Special Learning Needs Conference

Friday, March 9, 2018
CE Workshop for professionals
Johns Hopkins, Rockville Campus

Saturday, March 10, 2018
General Conference
Katherine Thomas School, Rockville, MD

On March 10; Julie will present "A Deep Understanding of the 2e experience: Durable Strategies for Twice Exceptional Children and Students" at [Diamonds in the Rough Conference](#) in Rockville, MD.

"LET'S TALK 2e!" AT THE 2e SYMPOSIUM





[Julie interviews](#) Hollywood Producer, Tom Ropelewski, at the 2e Symposium about what he does in the 2e field and what he loves about it. [Get your tickets](#) to see Tom's award winning documentary, "2e: Twice Exceptional" on November 14 in Arlington, Va.



**UPCOMING EVENTS FOR FAMILIES, EDUCATORS AND PROFESSIONALS OF
GIFTED AND TWICE EXCEPTIONAL CHILDREN**

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- November 1; **Special Support Services for CTY Students, 1:00:00 PM EDT - 1:30:00 PM EDT** Learn about how to request extra support for your CTY student with a medical, learning, mobility, allergy, or other need. CTY's Disability Services Administrator will share an overview of CTY's approach to providing accommodations and services available.
Tags: [Webinar](#)
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- November 7; Live Webinar - "Good for Business: How ADHD can Ignite your Entrepreneurial Potential. 1:00 - 2:00 pm EST. [More Information.](#) and to [Register.](#)
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- November 9; Silver Spring Community Speaker Series; featuring Judith Bass, "A Smooth Transition to High School" [Register.](#)
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- November 9-12: **NAGC (National Assn. for Gifted Children) Annual Conference**, Shining a Light on Gifted, Charlotte, NC. [More Info and Register.](#)
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- November 9-12; Annual International Conference on ADHD, Hilton Atlanta. For more information and to [Register](#)
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- November 14: **"2e: Twice Exceptional" Screening Event**, 7:00 pm - 9:00 pm, Holiday Inn, 4610 N. Fairfax, Dr., Arlington, VA, 22203. [Purchase tickets here.](#) Sponsored by With Understanding Comes Calm, LLC and The Sycamore School.
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- November 14; "Your Teen is Not Lazy! How to Best Motivate an Adolescent with ADHD" Live Webinar 1:00-2:00 pm EST. [More information](#) and to [Register](#)
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- November 16; Open House and Tour of the new Fusion Academy School in Rockville, MD., 6:00-8:30 pm, 275 N. Washington St., 2nd floor, Rockville, MD. [RSVP](#)
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- December 6; CESJDS Speaker Series featuring Julie Skolnick "A Deep Understanding of the 2e Experience, Durable Strategies for Twice Exceptional Children and Students" 7:30 - 9:00 pm, Rockville, MD. [Register.](#)
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- January 24; CESJDS Speaker Series featuring Rebecca Resnik "Coping, Grit and the Growth Mindset" 7:30-9:00 pm, Rockville, MD. [Register](#)
 - March 9-10; Diamonds in the Rough Conference, Johns Hopkins University,

Rockville, MD [Register.](#)

- ONGOING: Dr. Adam Pletter's online iParent 101 course "Safety in the Digital Age." Learn more and [REGISTER](#). All "Gifted & Distractible" readers enjoy a 20% discount using the code CALM.

TO ADVERTISE YOUR EVENT OR CLASS IN "GIFTED & DISTRACTIBLE" PLEASE EMAIL [JULIE](#) BY THE 15TH OF THE MONTH AND INCLUDE YOUR EVENT'S DATE, TITLE, LOCATION, COST AND LINK TO REGISTER.



WITH UNDERSTANDING COMES CALM, LLC

Compassionate Guidance. Durable Strategies.

For the 2e Community.

What is With Understanding Comes Calm, LLC?

Our mission: *To **empower** parents, educators, professionals and adults to **bring out the best** and **raise self-esteem** in their children, students, clients and themselves.*

- **Guiding Families** Understanding, Durable Strategies, Implementation Plans, and Advocacy
- **Mentoring 2e Adults** Connection, Fulfillment, Validation, Solutions
- **Partnering with Educators and Clinicians** Collaboration,

Training, Best Practices, Resolution.

Contact Founder and President, [Julie Skolnick](#) with any inquiries.

If you like what you see in our Newsletter, please share widely! [SUBSCRIBE!](#)



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