

## Gifted & Distractible

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Fall is well under way and our kids, students and clients are adjusting (or not) to their new school year. Our mantra (and name!) is With Understanding Comes Calm - we truly believe that the first step toward success, reaching potential and raising self esteem in our kids is understanding them, their behavior and what makes them tick.

- In Julie's blog this month read about "The Why Behind the Why" understanding behavior and the neuroscience research on how gifted brains differ.

### **Other awesome information in this edition of "Gifted and Distractible":**

- HOT OFF THE PRESS A NEW ONE WEEK OVERNIGHT CAMP FOR GIFTED KIDS!
- We had great fun exhibiting at this year's Maryland State Conference on Gifted and Talented Education

- U.S. Department of Education Releases Guidance on Supporting Early Learning through the Every Student Succeeds Act
  - "Dear Teacher My Gifted Kid is in Your Class" - a great essay from *Crushing Tall Poppies*
  - Dyslexia; what it is and isn't
  - Easy and discrete classroom accommodation for fidgeting
  - Article describing how Shakespeare may boost Autism social skills
  - How estrogen affects women with ADHD
  - Myths and misconceptions of ADHD
  - FDA considers withdrawing generic Concerta
  - Netflix series to focus on teen with autism
  - Upcoming events in and around Maryland, Virginia and DC
  - Survey of interest for a Parent Empowerment Group
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In this month's blog, "The Why Behind the Why; Causes of Gifted and 2e Kids' Challenging Behavior," Julie delves into how gifted learners are different and the neuroscience behind those differences. [Check it out.](#)



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## AMAZING WEST COAST OVERNIGHT CAMP FOR GIFTED KIDS COMES TO THE EAST COAST

*"Every year I have to wait 51 weeks for Camp Summit." Camper, age 11*

Camp Summit East will open its "cabin doors" this August at North Bay Adventure in Maryland.

If you have a gifted or 2e kid (ages 9-14) who loves:

- Dungeons & Dragons
- Zip Lines
- Kayaking/Canoeing
- Puppetry
- The Arts
- Rube Goldberg
- High Ropes
- Strategy Games
- Philosophy
- Digital Animation

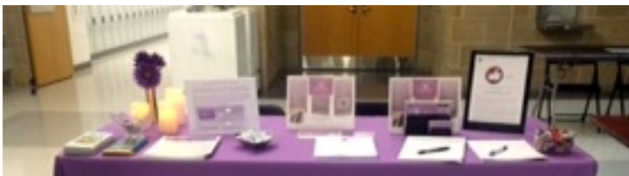
Then this is their camp! For more information contact Founder: [Wendy Zinn](#).

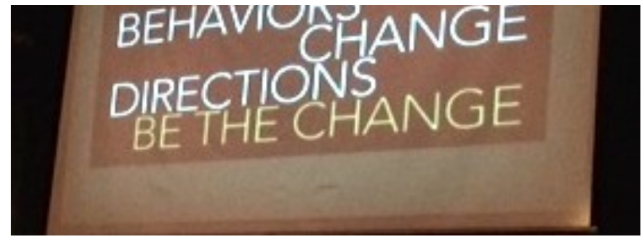
Learn more at: [www.CampSummitForTheGifted.com](http://www.CampSummitForTheGifted.com)

Co-Directors: Dr. Michael Postma and Julie Skolnick, M.A., J.D.

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## With Understanding Comes Calm exhibits at Maryland State Conference on Gifted and Talented





This year's Maryland state Conference on Gifted and Talented Education, held on October 21, was dedicated to "Creativity, Critical Thinking and Curriculum; Fitting the Pieces Together." Teachers from all over Maryland, parents and professionals gathered to discuss gifted learners and common core, assessments, underserved populations, creativity, working memory, twice exceptional, strategies and more.



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## U.S. Department of Education Releases Guidance on Supporting Early Learning through the Every Student Succeeds Act.

“Expanding High-quality early learning opportunities helps close achievement gaps because it gives all children—no matter their zip code—a strong start,” said U.S. Secretary of Education John B. King Jr. “A high-quality early education can support social-emotional development and unlock a child’s potential so that all children have the foundation they need to thrive in school



potential, so that all children have the foundation they need to thrive in school and beyond." Review the policy [here](#).

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## Crushing Tall Poppies

"Dear Teacher, my gifted child is in your class." A great essay. Read it [here](#).

## Understood

for learning & attention issues

*Dyslexia, What it is and isn't. Some learning differences and disabilities share characteristics. Learn specifically what dyslexia is (and what it's not).*

*Read article [here](#).*



**Look at this awesome classroom idea! Velcro discreetly placed under or inside a student's desk makes for a great tactile fidget!**  
*(Thank you to educator, Michal Friedman, for sharing this idea!)*

# disabilityscoop

Shakespeare may boost autism social skills. Learn about the “Hunter Heartbeat Method,” which was developed by an actress at London’s Royal Shakespeare Company. [Learn more.](#)



The National Resource on ADHD

How hormones and ADHD interact and affect women and girls. Check out the article [here.](#)

## ScienceDaily®

"Myths and Misconceptions of ADHD." Find are some good facts and clarifications in this [Science Daily article.](#)



Can College students benefit from their High School 504 Plan? Check out this [article](#) to find out.

# NETFLIX

Netflix series to focus on 18 year old teen with Autism. [Read more.](#)



REGULATORY AFFAIRS  
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FDA proposes to withdraw two generic versions of ADHD drug, *Concerta*, questioning whether it provides sufficient therapeutic effect. [Read more.](#)



### Upcoming Area Events for Families of Gifted and Twice Exceptional Children:

- **November 2, 7:00 pm:** [FCPS Parent Resource Ctr: Twice Exceptional Learners: Elementary School Success!](#) Parent Resource Center, 2334 Gallows Road Entrance 1 - Room 100 Dunn Loring, VA
- **November 2, 7 - 8:30 pm** "What Works with Teens" *Effective Ways to Connect with your Teen* with Britt Rathbone and Julie Baron. The Nora School; temporarily located at 1607 Grace Church Rd., Silver Spring, MD 20910.
- **November 3-6:** [NAGC's \(National Association for Gifted Children's\) 63rd National Conference](#)  
**Walt Disney World, Orlando, Florida**  
[Information and Registration](#)
- **November 3, 3:00 pm:** Parent Education Advocacy Training Center; PEATC offers many useful training seminars for parents of students with special needs. They have offices throughout Virginia and work with the Virginia Department of Education. 8003 Forbes St PI 310, Springfield, VA 22150
- **November 10, 7:30 EST:** Webinar: [Perfectionism and Giftedness: What We Know and What We Can Do](#). Dr. Emily Mofield & Dr. Megan Parker Peters, [Register](#).
- **December 31, 2016:** Due Date for Maryland Coalition for Gifted and Talented Education (MCGATE) Student Essay Contest "What have Gifted Education Opportunities Meant to Me?" Maryland Public School Students in grades 6-12

(participating or participated in GT programming). Letter of Recognition, \$50 award and invitation to Maryland State Department of Education's *Celebrating GT Education Reception!* [Learn more and apply.](#)

- **January 25, 7:00 - 8:30 pm:** "College Planning and Preparation, Finding the Right Colleges for Students Who Think Differently" College Consulting Collaborative. Nora School, temporarily located at 1607 Grace Church Rd., Silver Spring, MD 20910.



**WITH UNDERSTANDING  
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**Interested in getting together with other parents of gifted and distractible children in a safe and confidential setting to discuss unique challenges and accomplishments that gifted children bring to families? As a SENG certified parent group facilitator, Julie will start a Parent Empowerment Group in**



Maryland based on interest. Please email her if you are interested and specify whether you prefer morning or evening. [Julie@WithUnderstandingComesCalm.com](mailto:Julie@WithUnderstandingComesCalm.com)

If you like what you see in our Newsletter, please share on social media!



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