

## Gifted & Distractible

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Spring has sprung and With Understanding Comes Calm is as busy as ever! We aren't spreading pollen but we are spreading the word about this awesome population called TWICE EXCEPTIONAL, GT/LD, or 2e.

### **In this edition of "Gifted and Distractible" check out:**

- The photo gallery from our 2e movie screening.
- Free 2e Movie Screening in Virginia!
- Julie's new blog, "The Rotary Phone Effect," pondering societal expectations for immediate gratification and the inability to focus.
- Children's Mental Health Awareness Week.
- Different musical instruments and the motor skills they require.
- A description and suggested accommodation requests for dysgraphia and

dyslexia.

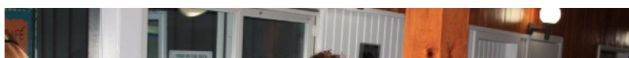
- The U.S. Dept. of Education's plan to fund the National Center for Students with Disabilities Who Require Intensive Intervention.
- Link to register for the SENG (Supporting the Needs of the Gifted) Conference - July 22-24.
- Julie's book review; [The Science of Making Friends](#).
- Survey of interest for a Parent Empowerment Group.



## April 5 Screening Event featuring Award Winning Film: "2e: Twice Exceptional" – a huge success!

A SOLD OUT audience of over 100 people enjoyed mingling with 2e families, professionals and educators and watching this incredible film.

### Photo Gallery from our April Screening Event - We sure had a lot of fun!





## HEY VIRGINIA! (and DC and MD)

You asked for it, you GOT it! With Understanding Comes Calm is partnering with The Auburn School to bring you "2e: Twice Exceptional"

Date: May 17, 2016

Time: 7:30-9:00 pm

Place: The Auburn School, Fairfax Campus - 3800 Concorde Parkway, Suite 500, Chantilly, VA 20151

Cost: FREE

RSVP: Reserve your seat, Email [Michelle Ivey](mailto:Michelle.Ivey@withunderstandingcomescalm.com)

- SPACE IS LIMITED -



**Julie's new blog: "The Rotary Phone Effect,"** considers whether the rise in inattention is due to our culture's expectation for immediate

gratification and the speed of technology. [Read Julie's Blog.](#)



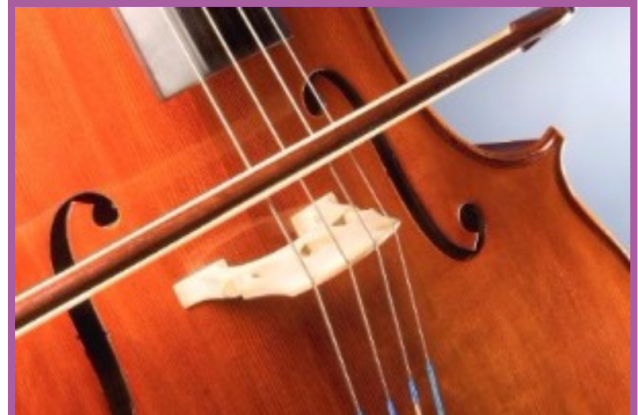
NATIONAL FEDERATION OF FAMILIES  
FOR  
CHILDREN'S MENTAL HEALTH

SAVE THE DATE!  
CHILDREN'S MENTAL HEALTH AWARENESS WEEK 2016

MAY 1 - MAY 7, 2016

[WWW.FFCMH.ORG/AWARENESSWEEK](http://WWW.FFCMH.ORG/AWARENESSWEEK)

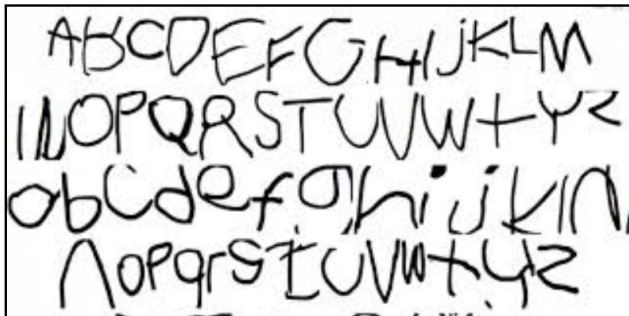
The National Federation of Families for Children's Mental Health highlights May 1-7 as Children's Mental Health Awareness Week. Check out this site for events, activities and resources. [Click here.](#)



### Music and Motor Skills:

Check out this article and its chart outlining how musical instruments affect balance, coordination and motor skills.

[Read More](#)



Great chart comparing dysgraphia and dyslexia. What I really like is that it includes suggested accommodations.

[See it.](#) (Image from [beyonddisability.org](http://beyonddisability.org))

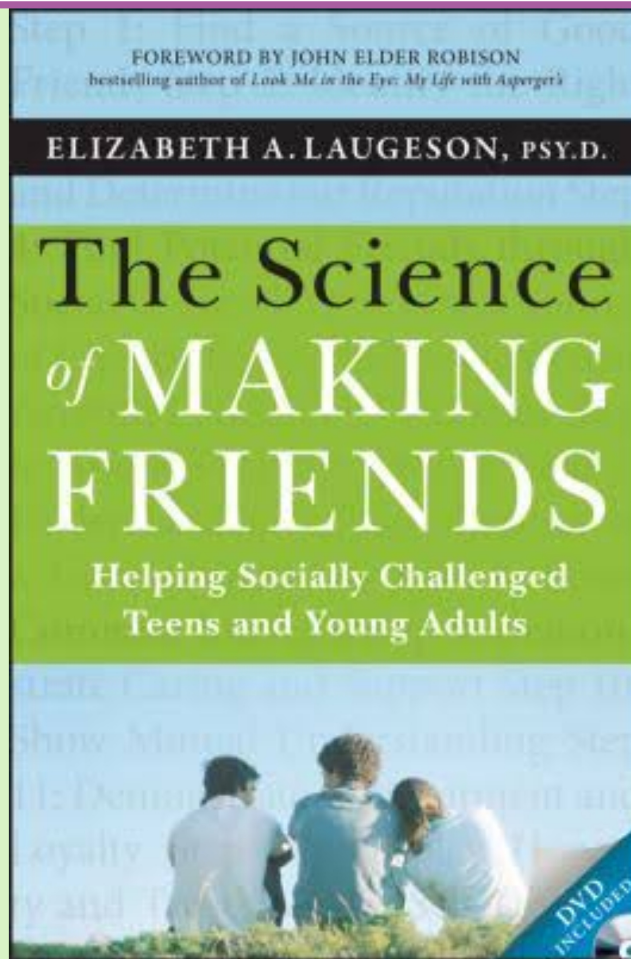
disability **scoop**

The U.S. Department of Education looks into funding a new National Center for Students with Disabilities Who Require Intensive Intervention. [Read more.](#)



## CHANGE YOUR LIFE: GO TO THIS CONFERENCE!

SENG Supporting the Emotional Needs of the Gifted is holding their annual conference in Williamsburg, VA on July 21-24. This is a DO NOT MISS opportunity to learn about the emotional experience of the gifted and to mingle with like minded parents, educators and professionals. The weekend includes programming for children through the College of William & Mary. [Register](#).



### Book Review

#### The Science of Making Friends

by Elizabeth Laugeson, is based on research conducted at UCLA and the The Program for the Education and Enrichment of Relational Skills (PEERS<sup>®</sup>). The team took their findings and created specific steps on how (and how not) to make friends.



## WITH UNDERSTANDING COMES CALM, LLC

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Interested in getting together with other parents of gifted and distractible children in a safe and confidential setting to discuss unique challenges and accomplishments that gifted children bring to families? As a SENG certified parent group facilitator, Julie will start a Parent Empowerment Group in Maryland based on interest. Please email her if you are interested and specify whether you prefer morning or evening. [Julie@WithUnderstandingComesCalm.com](mailto:Julie@WithUnderstandingComesCalm.com)

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