

Gifted & Distractible

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Our last issue came out just as school was coming to a close. It's hard to believe "back to school specials" are now advertised. That's your clue to enjoy every last minute of summer break. Make your school "to do" list now so you don't miss any deadlines and can tick things off as you accomplish them.

In this issue of "Gifted and Distractible" check out Julie's new blog "Running to Stand Still." If you are a U2 fan (or even if you aren't) you will relate to this piece as it articulates the depth of emotion and dedication parents of 2e kids experience.

Also in this issue find information about the upcoming SENG conference, our Fall Screening Event featuring award-winning documentary, "2e: Twice Exceptional" in Arlington, VA. and articles and information pertinent to dianity

for 2e students and adults.

Whether we're talking about personalized learning to address a student's academic needs, feeling valued at work, understanding kids' "naughty" behavior or how to avoid the mad-dash to get ready for school, respect and dignity lead to fulfillment and success.

In our Articles and Blogs section read about:

- Julie's latest blog: "[Running to Stand Still](#)"
- How to Create a [Dignity Bulletin Board](#) for the Classroom
- Software development to create [whole child personal learning](#)
- Increasing workplace productivity and decreasing loneliness through [feeling valued, supported and respected](#)
- [Reframing](#) our kids' "naughty" behaviors
- [Survival guide](#) for getting ready for school

With Understanding Comes Calm - Out and About in the Community; Spreading the word about the 2e Population

- SENG Conference 2017 - Julie presents Friday afternoon 2:15-3:15 **"A Deep Understanding of the 2e experience: Durable Strategies for Twice Exceptional Children and Students."** If you're attending SENG and would like to schedule a FREE consultation with Julie - email her at Julie@WithUnderstandingComesCalm.com.
 - Fall Screening of "2e: Twice Exceptional" in Arlington, VA on November 14.
 - A week-long summer oasis for Gifted Kids - New Scholarship opportunities for Camp Summit for the Gifted!
 - MEGS (Maryland Educators of Gifted Students); Julie is presenting on October 20 "The True Meaning of Giftedness and Twice Exceptionality."
 - Upcoming events in and around Maryland, Virginia and DC.
 - What is With Understanding Comes Calm, LLC? Read this and find out.
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Julie's Monthly Blog: "*Running to Stand Still*"

This passionate U2 song really applies to parenting 2e kids and the 2e adult experience capturing the depth of emotion and frustration that comes with the beauty of parenting and being 2e.



Creating a Dignity Bulletin Board engaged all stakeholders (students, teachers, parents) in this classroom. Learn how to make one for your school. Read about it in this [NEA article](#).



Former Deputy Secretary of Education, James H. Shelton, is leading a whole child initiative to develop software to help teachers recognize and respond to individual student's academic needs. Read about it in this [Education Week article](#).

**Harvard
Business
Review**

[Read about](#) the importance of "feeling valued, supported, respected and secure" at work in order to achieve workplace engagement. Get a smile on your face when you hear about a South African startup's ritual of ringing a bell and employees cheering every time a new employee is hired into a venture.



[Check out](#) this great reframe in "10 Ways Kids Appear to be Acting Naughty but Aren't."

ADDITUDE
Strategies and Support for ADHD & LD

"Mom's School Survival Guide" gives practical tips on how to get yourself and your kids ready for school. [Read it.](#)

With Understanding Comes Calm out and about in the Community:



CHANGE YOUR LIFE: GO TO THIS CONFERENCE!

SENG *Supporting the Emotional Needs of the Gifted* is holding

their annual conference in Naperville, Chicago on July 22-24.

Don't miss Julie's session Friday, 2:15 pm - 3:15 pm: *"A Deep Understanding of the 2e Experience: Durable Strategies for Children and Students."*

Parents, teachers and professionals will learn about the inner experience of gifted and twice exceptionality and gain strength-based strategies for bringing out the best and raising self esteem in these awesome kids!

Take the opportunity to connect during or after conference for a FREE 20 minute consultation with Julie. To schedule email: Julie@WithUnderstandingComesCalm.com

This is a **DO NOT MISS** opportunity to learn about the emotional experience of the gifted and to mingle with like minded parents, educators and professionals (CE Credits available). The weekend includes programming for children [Register](#).



Check out Maryland's latest GT Summer Center!

[Camp Summit for the Gifted](#)

- What: AWESOME week-long overnight camp for gifted and 2e kids ages 9-15
- When: August 20-26
- Where: [NorthBay Adventure](#), on the Chesapeake Bay in North East, Maryland

"Every year I have to wait 51 weeks for Camp Summit." Camper, age 11
Activities (all activities are chosen by the camper from a menu each day):

Science in the Floating Eco Lab

Zip lines (land right in the bay!)

Kayaking

Snorkeling

High Ropes

Ga Ga

Epic Capture the Flag

Swimming

Art

Dungeons & Dragons

Creative Machine Making

Digital Animation

Swimming

Campfires

and so much more...

For more information and to [Register](#)

Contact Founder: [Wendy Zinn](#)

Director of Programming: [Michael Postma, Ph.D](#)

Director of Community Outreach, [Julie Skolnick, M.A., J.D.](#)

BREAKING NEWS - CAMP SCHOLARSHIPS AVAILABLE!

If you know of a child who qualifies for free or reduced lunches Camp Summit for the Gifted East has four FULL FREE scholarships available. Please contact Camp

Gifted East has four FULLY FREE scholarships available. Please contact Camp Founder, [Wendy Zinn](#) for more information and to apply.

Due to a generous donor we also have five \$500 discounted spaces at Camp Summit for the Gifted East. Please contact Camp Founder, [Wendy Zinn](#) for more information and to apply.



On October 20, 2017 Julie will present ***The True Meaning of Giftedness and Twice Exceptionality*** at the MEGS (Maryland Educators of Gifted Students) Conference.

Keynote Speaker: Dr. Brian Housand **Gifted Education: Create! Innovate! Inspire!**

Friday, October 20, 2017

North County High School
10 E 1st Avenue
Glen Burnie, MD 21061

This is a GREAT opportunity for educators, parents and professionals to learn ideas for their classrooms, homes and offices.

More Information and to REGISTER [click here.](#)



SCREENING EVENT!

Come hang out with like-minded parents, educators and professionals, mingle with exhibitors, enter a super raffle for prizes relevant to the 2e community and view the award-winning documentary, "2e: Twice Exceptional."

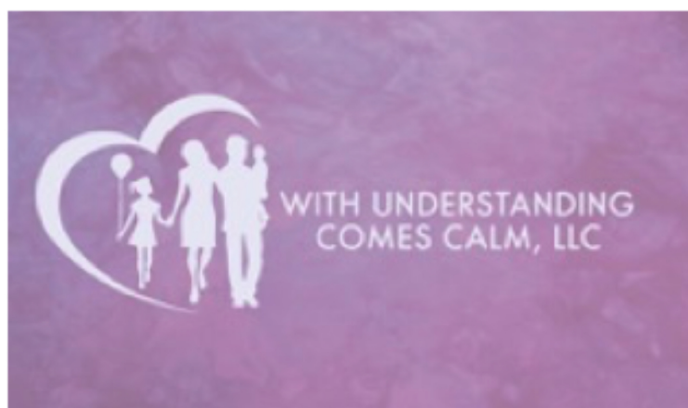
Date: Tuesday, November 14, 2017

Time: 7:00 pm - 9:00 pm

Location: Holiday Inn, 4610 N. Fairfax, Dr., Arlington, Va. 22203

Purchase: \$9.50 Tickets at: WithUnderstandingComesCalm.brownpapertickets.com

With Understanding Comes Calm, LLC in partnership with The Sycamore School

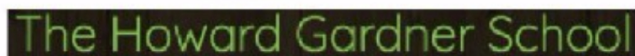


In partnership with:



Thank you to our Exhibitors!

Exhibitor space is **SOLD OUT** but if you or your 2e-related business is interested in advertising please contact Julie directly: Julie@WithUnderstandingComesCalm.com





UPCOMING EVENTS FOR FAMILIES, EDUCATORS AND PROFESSIONALS OF GIFTED AND TWICE EXCEPTIONAL CHILDREN

- July 31 - August 4: Learning on the Move! is filled with awesome action, creative learning, and fun challenges for Ages 4-6! Summer Session: Five, 3-Hour Sessions, 9:00 am - 12:00pm, Fitness for Health, Rockville, Cost: \$675.00

[Register](#)

- August 2: **Beyond Genes: How Environment and Lifestyle Impact ADHD, Free Webinar, 1pm ET with ADHD expert Joel Nigg, Ph.D.** The science behind ADHD is rapidly changing and the picture is becoming more complex and more hopeful. Learn what new research is telling us about the importance of environment in brain development and ADHD. [Register.](#)
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- August 4-6: **SENG (Supporting the Emotional Needs of the Gifted) Annual Conference**; "In Our Hands, Creating New Possibilities," Chicago Marriott Naperville, Children's Companion Programming available. [More Info and Register.](#)
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- August 7: Free Webinar "Creating a Dyslexia Friendly School" 2:00 - 3:00 pm. Hosted by EdWeb.net. (CE Certificate available.) [Register.](#)
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- August 9: The Sycamore School's On Site Open House, 6-8 p.m., The Arlington Center, 4600 North Fairfax Drive, Suite 300, Arlington, VA 22203 To

Amington Center, 4000 North Fairfax Drive, Suite 300, Arlington, VA 22204. To RSVP, please go to [The Sycamore School's website](#) and click on the [Family Open House](#) date.

- August 9: Heller Psychology Group Summer Executive Functioning Boot Camp Programs
Run by Carey Heller, Psy.D., "College Students Program" Location: 6320 Democracy Blvd
Bethesda, Maryland 20817, 301-385-2610 [More information.](#)

- August 14 for three weeks: SMARTs Executive Functioning Training, 8th-12th grade, Co-Led by Lisa A Taylor, M.Ed. and Dr. Stephanie Gerstenblith, Launch Sport Performance Classroom, 2600 Tower Oaks Blvd, Rockville, MD [To Register](#)

- August 20-26: **Camp Summit for the Gifted**, NorthEast Maryland, week-long overnight camp for gifted kids ages 9-14. [More info and Register.](#)

- August 29; Free Webinar "From Expel to Excel: Positive Alternatives to Expelling At-Risk Preschool Boys, 2:00 pm - 3:00 pm. Sponsored by EdWeb.net. (CE Certificate available) [Register.](#)

- August 30: Heller Psychology Group Executive Functioning Boot Camp Programs "Rising High School Students Program," Run by Carey Heller, Psy.D., Location: 6320 Democracy Blvd
Bethesda, Maryland 20817, 301-385-2610 [More information.](#)

- October 13-15: **Leadership and Vision in 2e Education**, 2e Center for Research and Development, the [Garland](#) in North Hollywood, CA., and Bridges Academy in Studio City, CA. [Register and Information.](#)

- October 14: **Innovators in Education Anxiety, Essential Strategies of Effective Treatment**, Rockville, MD. Sponsored : Center For Communication & Learning an Georgetown Psychology Associates, The Universities at Shady Grove Rockville, Maryland. Featuring Dr Tamar Chansky and Jessica Minahan M.Ed. BCBA
[REGISTER](#)

- October 20: **MEGS (Maryland Educators of Gifted Students) Annual Conference**, North County High School, 10 E. 1st Avenue, Glen Burnie, MD 21061. [Register.](#)

- November 9-12: **NAGC (National Assn. for Gifted Children) Annual**

Conference, Shining a Light on Gifted, Charlotte, NC. [More Info and Register.](#)

- November 14: "2e: Twice Exceptional" Screening Event, 7:00 pm - 9:00 pm, Holiday Inn, 4610 N. Fairfax, Dr., Arlington, VA, 22203. [Purchase tickets here.](#) Sponsored by With Understanding Comes Calm, LLC and The Sycamore School.
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- ONGOING: Dr. Adam Pletter's online iParent 101 course "Safety in the Digital Age." Learn more and [REGISTER](#). All "Gifted & Distractible" readers enjoy a 20% discount using the code CALM.
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TO ADVERTISE YOUR EVENT OR CLASS IN "GIFTED & DISTRACTIBLE" PLEASE EMAIL [JULIE](#) BY THE 15TH OF THE MONTH AND INCLUDE YOUR EVENT'S DATE, TITLE, LOCATION, COST AND LINK TO REGISTER.



WITH UNDERSTANDING COMES CALM, LLC
Compassionate Guidance. Durable Strategies.
For the 2e Community.

What is With Understanding Comes Calm, LLC?

Our mission: To **empower** parents, educators, professionals and adults to **bring out the best and raise self-esteem** in their children, students, clients and themselves.

- **Mentoring Families** Understanding, Durable Strategies, Implementation Plans and Advocacy
- **Supporting Individuals** Connection, Fulfillment, Validation, Solutions
- **Partnering with Educators and Clinicians** Collaboration, Training, Best Practices, Resolution.

Contact Founder and President, [Julie Skolnick](#) with any inquiries.

If you like what you see in our Newsletter, please share widely!



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