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Looking for virtual options for the rest of this school year and summer? Fusion Academy has taught thousands of live, one-to-one virtual sessions over the last few years, and we offer 250+ classes for credit, tutoring, college counseling, and more. Our virtual homework cafés are paired with classes and offer students the opportunity to socialize with their peers and complete their classwork. We would love to connect with you on one of our campuses!

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What you'll find in *this* issue of "Gifted & Distractible"

**Julie's blog(s):** Julie has written extensively on family life during the coronavirus. Access her blogs here:

- [Your Kids and the Coronavirus: Five Things You Can Do to Make This Time Meaningful](#)
- [Fear and Unknown](#)
- [Social Distancing and Family Converging: Twice Exceptional Adults at Home](#)
- [Perfectionism and Imposter Syndrome](#)

**Videos**

[Julie shares how to talk to your kids about the coronavirus](#)

[Julie describes 'Let's Talk 2e! FREE Membership for parents and teachers'](#)

**New FREE Membership** - Let's Talk 2e Community!  
[Join for FREE](#) and enjoy these benefits:

- Weekly email with member submitted questions and detailed answers;
- Weekly Parent Empowerment Group via zoom
- Access to Julie's webinar, "Cycle for Success: Parenting and Teaching Twice Exceptional Children"

**Articles**

[Free online events and activities for kids at home](#)

[Wide Open School](#); a Free service provided by MindShift including many recommended educational resources.

**Events**

[2 Days of 2e Virtual Conference](#) - It's not just two days! We are on-demand 24/7. Looking for after working hours resources? Need accountability to demonstrate attendance? No problem! Want to understand the twice exceptional profile and specific issues? You've come to the right place! [REGISTER TODAY](#). Questions? Contact [Julie](#) or [Steve](#).

Scroll down to see our complete listing of events for the gifted and 2e community.

JULIE'S BLOGS



In [Your Kids and the Coronavirus: Five Things You Can Do to Make This Time Meaningful](#), Julie tells us, "It's not what happens but how you handle it that matters." This is a lesson worth teaching to your children and students in the wake of the unprecedented coronavirus. Read Julie's suggestions for how to do this.

In [Fear and Unknown](#), Julie addresses these questions: What will happen next? How will I keep my kids engaged? How will I make online learning meaningful for my students? How will I work while my kids are bored at home with me? Who will get sick? When? How will I pay my bills? How can I cope with isolation and loneliness? When will this end?



In [Social Distancing and Family Converging: Twice Exceptional Adults at Home](#), Julie discusses the challenges of social distancing and family converging.



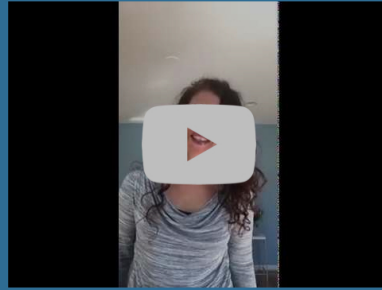
[Home](#), Julie sheds light on the specific challenges for Twice Exceptional adults during this time.

[Perfectionism and Imposter Syndrome](#) discusses how these two often concurrent traits with giftedness, may create a toxic cycle.



## VIDEOS

Listen as Julie Gives Three Bullet Points for Talking to Your Kids About Coronavirus.



Join our FREE #LetsTalk2e Community!



What is this FREE Membership Opportunity?  
Listen to Julie explain Member Benefits:  
\*\*Weekly Q/A email, \*\*Weekly Parent Empowerment Group,  
\*\*Access to Free Webinar full of strategies for home and school.  
**JOIN.**

## ARTICLES



These articles provide great resources for learning and activities.  
Find them [here](#) and [here](#).

**2 DAYS OF 2e VIRTUAL CONFERENCE**  
It's not too late! [REGISTER](#) now!

Looking for **RESEARCH-BASED** on-line learning opportunities?

[2 Days of 2e](#) is a **CONFERENCE** not a **CONVERSATION**.  
Hear experts deliver research based information on these **#TwiceExceptional** topics:

- Emotion Regulation
- Gifted Physiology
- Self-Regulation in the Classroom
- Asynchronous Development
- Cultural Diversity
- Visual Metaphor
- Non-Linear Thinking
- Gifted at Work
- Social Minds of Tweens and Teens

- Looking at 2e through a Developmental Trauma Lens

[REGISTER TODAY for 2 Days of 2e VIRTUAL CONFERENCE!](#)

On-Demand 24/7

WITH UNDERSTANDING COMES CALM  
OUT IN THE COMMUNITY



## Speaker Spotlight

Julie Skolnick, MA, JD

9<sup>th</sup> April 2020

Founder- 'With Understanding Comes Calm', Secretary -Maryland Superintendent's Gifted and Talented Advisory Council, Producer- 2 Days of 2e Virtual Conference, Simultaneous Supports Committee Member for the National Association for Gifted Children

**TRACK 5**  
UNDERSTANDING VARIATIONS ON THE SPECTRUM

Cycle for Success: Working With Twice Exceptional Kids



[KidsKinThq](#)

[www.spins2020.live](http://www.spins2020.live)

In partnership with  
**New Delhi Office**

United Nations  
Educational, Scientific and  
Cultural Organization

United States  
Department of Education

Julie brings her perspective on gifted and 2e to the virtual global SPINS conference April 4-11, [More Info Here.](#)

## THE ADHD TOOLBOX 2

Solutions to Manage ADHD and Access the Brilliant, Creative Person Inside!

FEATURING  
Julie Skolnick



**FREE VIDEO TRAINING HOSTED BY BOB DIETRICH**

Join Julie at Bob Dietrich's, The ADHD Toolbox: How to Transform Your Child's Behavioral Challenges, and Get Your Life Back!

Julie is the FIRST to speak about TWICE EXCEPTIONAL at the ADHD Toolbox!

Join FREE here.



Colorado Association for Gifted and Talented



Julie is thrilled to KEYNOTE at the [Colorado Association for Gifted and Talented](#) conference October 19-20, 2020. There are many opportunities to hear Julie speak as she addresses the conference, leads a breakout session, and presents at family day. More information coming!

### What is With Understanding Comes Calm, LLC?

Our mission is: To **empower** parents, educators, professionals and adults to **bring out the best** and **raise self esteem** in their children, students, clients and themselves.

- **Guiding Families** Understanding, Durable Strategies, Implementation Plans and Advocacy
- **Mentoring Individuals** Connection, Fulfillment, Validation, Solutions
- **Collaborating with Educators and Clinicians** Collaboration, Training, Best Practices, Resolution.

Contact Founder and President, [Julie Skolnick](#), with any inquiries.



Schedule a FREE 20 minute phone consultation with Julie Skolnick, M.A., J.D. [Book your time here.](#)

#### UPCOMING EVENTS

- April 2: SENG webinar, "Parenting During the Pandemic," 7:30-9:00 pm EST [Info](#).
- April 2: ADDitude webinar, "Quaran-Teens with ADHD, Troubleshooting, Learning, Motivation, and Organization Problems, 1:00 pm EST, [Info](#).
- April 4-11: Kidskinha SPINS (Special Kids International Summit) Virtual Summit, More info [here](#).
- April 7: SENG webinar, "Gifted Adults and Conflict," 7:30 - 9:00 pm EST [Info](#).
- April 9: Special Kids International Summit. Learn more and [Register](#).
- April 16: Understanding the Neuroscience of Dyslexia and ADHD, Decode Dyslexia Montgomery County and Siena School, Kemp Mill, MD., 7:00 pm. For more information [contact Kelly O'Keefe](#).
- July 13-16: INTI Conference on Life Long Education and Leadership for All, Sarjevo, Bosnia and Herzegovina <https://www.inti.com>
- July 20-21: Summit on the Neuroscience of Twice-Exceptionality, by the Belin-Blank Center, Iowa City. [More information](#).
- July 30-Aug 3: (APFG) Asia Pacific Conference on Giftedness, <http://www.apfgiftedness.org/> Daegu, Korea
- August 7-9: SENG (Supporting the Emotional Needs of the Gifted) Annual Conference, Minneapolis, MN, [More information](#).
- Sept. 9-12: ECHA Conference, European Council for High Ability, Porto, Portugal
- Oct. 24-26: International Congress on Gifted Young Scientists Education, Istanbul, Turkey
- Nov. 2-5, 2020 World Giftedness Center conference, Dubai EXPO Convention Center, UAE
- Nov. 5-8: NAGC Annual Conference, Disney Coronado Springs Resort, Florida. [More information](#).

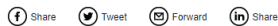
#### ONGOING EVENTS:

- Parent Empowerment Group for parents of Twice Exceptional Children, Thursdays 2:00-2:45 EST, part of the FREE #LetsTalk2e Community. [Learn more and Register](#).
- 2 Days of 2e Virtual Conference: Launch October 29-30. On-Demand 24/7. [Register](#).
- Dr. Adam Pletter's online iParent 101 course "Safety in the Digital Age." Learn more and [REGISTER](#).

**POST YOUR EVENT OR CLASS IN "GIFTED & DISTRACTIBLE!"**

**EMAIL JULIE BY THE 15TH OF THE MONTH AND INCLUDE YOUR EVENT'S DATE, TITLE, LOCATION, COST AND LINK TO REGISTER.**

Subscribe to "Gifted & Distractable!"



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