

Gifted & Distractible

Newsletter for the Twice Exceptional Community



WITH UNDERSTANDING COMES CALM, LLC

*Compassionate Guidance. Durable Strategies.
For the 2e Community.*

This issue of "Gifted & Distractible" sponsored by:



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Spring has sprung! For many school students, they are just getting back to school this week after spring break. In our house we count the number of days left and start x-ing them out on a family calendar - we can just about taste summer! Reminding our children to stay in the game is important as spring distractions rise to a fever pitch.

In this month's issue of "Gifted & Distractible" read suggestions in Julie's blog, "Adjusting Environments for School Success," to learn about ways to engage students and create life-long learners.

In other articles, read about the important role dogs can play in classrooms, learn executive functioning strategies, read 9 ways to trick your brain into focus, and how personalized learning can be about non-tech options.

Watch Julie's recent YouTube video "IEP Talking Points" to hear tips on advocating for your child.

Find out where Julie is speaking next and learn about a myriad of upcoming events and resources for 2e families.

As always, please comment, share and give us feedback on what you love and what you wish we covered.





Julie's Monthly Blog, "[Adjusting Environments for School Success](#)" addresses the importance of changing the environment to the child rather than changing the child to the environment. This month's blog dovetails Julie's YouTube video, [IEP Talking Points](#), sharing how instead of trying to fit round pegs into square holes, we can use the acronym PEG to advocate for our children.

ARTICLES

Mind/Shift How we will learn.

["Making Comfort Dogs an Everyday Part of School"](#) talks about the positive impact these best friends can have on student emotional/social health.



Beyond BookSmart

["A Day in the Life: Parenting a Child with Executive Function Challenges"](#) discusses strategies for addressing typical daily stressors due to EF challenges.

challenges.

ADDITUDE

Strategies and Support for ADHD & LD

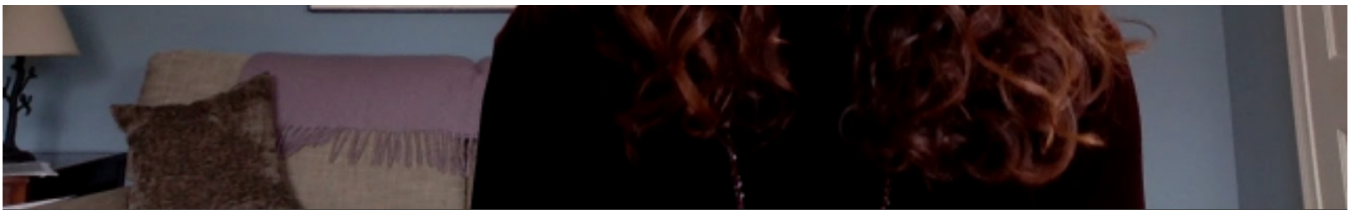
["9 Ways to Trick Your Brain into Focus"](#) gives perspective on living with ADHD from an adult raising a daughter identified with ADHD. The author sheds light on strategies that work for him to maintain focus.



["Personalized Learning is Not About Tech"](#) advocates for getting students' buy-in and participation through choice and decision-making.

With Understanding Comes Calm in the Community





So many clients are seeking support and advice for their IEP meetings that Julie decided to record a video of "IEP Talking Points." Check it out on Julie's YouTube Channel, and [subscribe](#) so you can see all of Julie's videos.



JOHNS HOPKINS
UNIVERSITY

KRIEGER SCHOOL *of* ARTS & SCIENCES
ADVANCED ACADEMIC PROGRAMS

On April 4, Julie is honored to guest lecture for Doctor Keri Guilbault's course on the Social and Emotional Needs of the Gifted at Johns Hopkins University. Training educators is a passion of Julie's and she provides several educator workshop options. [Check out Julie's educator workshop options here.](#)



As secretary to the Maryland State Advisory Council on Gifted and Talented Julie enjoys meeting with thinkers and decision-makers in the field of gifted and talented. On April 19 Julie will share best practices in identifying 2e students by emphasizing the importance of taking into account social-emotional issues .

2estudycenter
at the quad



QUADPREP
THE QUAD PREPARATORY SCHOOL

May 10-12 is the 4th Annual "Breakthroughs in Twice Exceptional Education" Conference in NYC. Julie is delighted to present "Cycle for Success: How Parents, Educators and Clinicians Can Bring Out the Best and Raise Self-Esteem in 2e

Kids." [Learn more about the conference.](#)



The SENG (Supporting the Emotional Needs of the Gifted) conference, is July 19-22 in San Diego, CA. Julie is excited to present:

Why Assessments Often Lead to Remediation and Accommodations for 2e Learners and What to Do About It

Learn more and register [here](#).

THE BRIGHT & QUIRKY CHILD

ONLINE SUMMIT

APRIL 25 - 30

Dr. Ross Greene • Dr. Tina Payne Bryson • Dr. Temple Grandin
Dr. Edward Hallowell • Jonathan Mooney • Anya Kamenetz • Dr. Barb Oakley
Michelle Garcia Winner • Dr. Dan Peters • Dr. Susan Baum • Dr. Robin Schader
Austina De Bonte • Debbie Reber • Rebecca Shafir • Dr. Sharon Salline
Peter Shankman • Jade Rivera • Danny Raede • Seth Perler • Dr. Laura Markham

Event Highlight

Bright and Quirky Child Summit; This FREE online Summit runs for 6 days beginning April 25 and includes:

Day 1: Understanding your bright and quirky child

Day 2: Managing Anger and Intensity

Day 3: Navigating School and Learning Challenges

Content for each day of the summit will be free to the public for 24 hours and then an All Access Pass will be available for purchase. There are many DO NOT MISS opportunities to hear great speakers: [Register Here](#)

UPCOMING EVENTS FOR FAMILIES, EDUCATORS AND PROFESSIONALS OF GIFTED AND TWICE EXCEPTIONAL CHILDREN

- April 21: EDREV, An Expo about Awareness, Access and Action. Free. 9:00 am - 4:00 pm AT&T Park, San Francisco, [More Information and Register](#)
- April 25: Bright and Quirky Child Summit; The summit will run for 6 days beginning April 25th. Content for each day of the summit will be **free** to the public for 24 hours and then an All Access Pass will be available for purchase. Learn more and [Register](#)
- April 25: "The Wonderful World of IEPs: Getting Your Child What they Need" Imagine Possibility is hosting Michael Eig and Paula Rosenstock for this free discussion. [Register.](#)
- April 27-29: "Beyond IQ" Conference, A Conference Series For and About Highly and Profoundly Gifted Children, Boxborough, MA. [Register and information.](#)
- April 28, 2018: **LDAMC/LDAMD will Co-Sponsor an All Day Conference** at the Universities at Shady Grove Conference Center, North Potomac, Md. from 9:00 am – 3:30 pm. We will offer two half day sessions. Choose from either one or both: **Dr. Rebecca Resnik** will speak to the power of student emotions to improve learning outcomes. **Joan Green** will help you zero in on tools and strategies that use the latest in technology. Vendors will be on site throughout the day to offer materials and programs for LD/ADHD remediation.
Registration opens on February 1 at www.ldamc.org. There are

opportunities to volunteer both before and during the conference in exchange for a reduced attendance rate. Contact programs@ldamc.org

- April 29 - May 1, 2018; **Wallace Research Symposium on Talent Development**, co-hosted by Belin Blank Center University of Iowa, Center for Talented Youth Johns Hopkins University, and Study of Mathematically Precocious Youth, Vanderbilt University (Mt. Washington Conference Center, Baltimore) [Register](#).

 - May 5: NAGC Family Day at the Grayson School. 8:30 am -12:00 pm 35 North Malin Road, Broomall, PA 19008 [More info and Register](#).

 - May 8, 2018 – MEGS (Maryland Educators of Gifted Students) Conference proposals due (www.megsonline.net)

 - May 10-12; Breakthroughs in 2e Education, [Learn More and Register](#)

 - May 16: Javits-Frasier Scholars Program Deadline, Applications for the [Javits-Frasier Scholars Program](#) are now being accepted. The scholars are passionate, innovative educators who work in districts that serve students from low-income and minority populations that are historically underrepresented in gifted education. [Information](#).

 - July - STEAM Camp for 4th-8th grades, The Sycamore School, Camp Pursuit is a week-long mixed aged, academic summer camp based on the concept that campers pursue their passions and cultivate their talents. Choose your Favorite courses from a catalog of interdisciplinary, high-interest STEAM curricula that aligns with passions and curiosity. Full Day \$375 Extended Day \$450, 4600 N. Fairfax Drive Suite 300 Arlington, VA 22203. Contact [Karyn Ewart](#)

 - August 8-11; ECHA (European Council for High Ability) Conference, Dublin, Ireland, [Register](#)
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ONGOING:

- Dr. Adam Pletter's online iParent 101 course "Safety in the Digital Age." Learn more and [REGISTER](#). All "Gifted & Distractible" readers enjoy a 20% discount using the code CALM.

- First Sunday evening of each month; Procrastination Webinar & Student Group Discussion. Includes discussion how procrastination is an emotional

Group Discussion. Includes discussion how procrastination is an emotional response to task aversion - includes current research and strategies to help avoid procrastination. Student group discussions for high school and college age students. **Contact Michael Bromley at info@school4schools.com.**

- Tuesdays, 4:15 pm; Social Adventurers Preschool - Kindergarten. Location: Center For Communication and Learning Rockville, Maryland info@ccl-md.com to receive intake information. Complete our Social Interest form: <https://goo.gl/forms/CetPACntHTGonVnk1>

- ***TO ADVERTISE YOUR EVENT OR CLASS IN "GIFTED & DISTRACTIBLE" PLEASE EMAIL [JULIE](#) BY THE 15TH OF THE MONTH AND INCLUDE YOUR EVENT'S DATE, TITLE, LOCATION, COST AND LINK TO REGISTER.***

What is With Understanding Comes Calm, LLC?

Our mission is: To **empower** parents, educators, professionals and adults to **bring out the best** and **raise self esteem** in their children, students, clients and themselves.

- **Mentoring Families** Understanding, Durable Strategies, Implementation Plans and Advocacy
- **Supporting Individuals** Connection, Fulfillment, Validation, Solutions
- **Partnering with Educators and Clinicians** Collaboration, Training, Best Practices, Resolution.

Contact Founder and President, [Julie Skolnick](#) with any inquiries.



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