

Gifted & Distractible

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WITH UNDERSTANDING
COMES CALM, LLC

BROWN

PAPER

TICKETS

Screening of award winning documentary, "2e: Twice Exceptional"

Mingle with 2e families, professionals and educators in a location convenient to MD, DC and VA at Carderock Springs Swim and Tennis Club right off the beltway at River Rd.

Exhibitors, Giveaway Bags, a Free Raffle and more!

This event is SOLD OUT!

If you would like to be added to the wait list,
please email Julie at

Julie@WithUnderstandingComesCalm.com

We are so excited for our Screening Event on April 5! With an unprecedented number of Exhibitors and Advertisers our audience is sure to pick up some awesome tips and resources for raising, teaching and supporting 2e kids.

In this edition of "Gifted and Distractible" check out:

- Julie's newest blog "Perspective, Perseverance and Perfectionism"
 - eArticle: Gifts masking the disability and disability masking the gifts in 2e kids
 - SENGVine features Julie's article on positive supports
 - Sesame Street donates children's book about Autism to our Screening Event
 - Stanford University's GiftedandTalented.com chooses With Understanding Comes Calm as their **Expert Pick**
 - Camp Highlight: Stone Branch Art School
 - Movie Review: Zootopia
 - SENG - Change your life, go to this conference!
 - Parent Empowerment Group - Are you interested?
-



Straight A and Perfect
at
Middle School

Check out Julie's new blog:

"Perspective, Perseverance and Perfectionism."

Parents, teachers and professionals spend a lot of time thinking about how to encourage kids' resolve, keep them on track and help them recognize and reach their boundless potential. Two buzzwords in particular, "mindset" and "grit," are used to discuss these concepts. The big question is how do we get our kids to have a growth mindset and how do we get "grittier" kids? [\(read more\)](#).

THE CONVERSATION

Professor Catherine Wormald, in her article, "Intellectually Gifted Students Often have Learning Disabilities," shares research finding that 14% of intellectually gifted kids may also have a learning disability compared to 4% of the general public. [Read the article here.](#)



The SENGvine Newsletter
Growing Understanding of the Gifted

This month's SENGvine featured Julie's article on pursuing positive supports in the classroom and at home. SENG - Supporting the Emotional Needs of the Gifted is a very special organization dedicated to finding positives and building strengths in gifted and 2e kids and adults.

[Read the article.](#)



Sesame Street donated this fabulous resource for our Screening Event giveaway bags. A



GIFTEDANDTALENTED.COM

Look who Stanford University's

wonderful children's book
about autism and
acceptance.

GiftedandTalented.com
chose for it's "Expert Pick!"
<https://giftedandtalented.com/-/with-understanding-comes-calm>



Camp Highlight: Stone Branch School of Art

I had the pleasure of touring this Rockville, MD art school with it's director, Terre Jenkins. What a pleasure to hear all the ways this mainstream art school is accommodating and meeting all kids' needs. The thoughtful staff assesses situations child by child to ensure that each child's comfort level and learning style are met - all while nurturing the very important creative part of the brain.

<http://www.Stonebrancharts.com>



Movie Recommendation

Zootopia

This film got so much right that I pulled out my phone in the theater to take notes - much to my eye rolling teenaged daughter's chagrin.

Talk about grit and mindset (the topic of my blog this month). In the film, our heroine, Judy Hopps, wants to be the first ever police officer bunny. Her parents do everything they can to dissuade her from leaving the family carrot farm and when she refuses, admit that she's always been a "tryer." Judy comments "I guess I'll just have to be the first."

Her would be sidekick, Nick Wilde, is told his whole life that he's nothing but a shifty, sly fox. So as much as he wanted to be something else, after being mistrusted for so long, he states "After awhile, if you expect me to be a shifty guy, I'm going to be a shifty guy." Don't our 2e kids know a thing or two about expectations and negative assumptions!

Thankfully in Zootopia all is well that ends well and these two lovable characters end up bringing out the best in each other and give the audience a seriously good example of pluck, mettle and triumph of good over evil!



Colonial Williamsburg



CHANGE YOUR LIFE - GO TO THIS CONFERENCE!

SENG Supporting the Emotional Needs of the Gifted is holding its annual conference in Williamsburg, VA on July 21-24. This is a DO NOT MISS opportunity to learn about the emotional experience of the gifted and to mingle with like minded parents, educators and professionals. Register at:

<http://sengifted.org/conferences>



More area events and conferences:

April 9, 2016 - Free - Helping Students Take Control of Everyday Executive Functions. 9:00 am - noon. John Carroll Elementary School, Hyattsville, MD. [Register](#).

April 10, 2016 Navigating College Admissions for Students with IEPs/504 plans. 3:00 pm. JCCGW, Rockville, MD. [Register](#).

April 26, 2016 - June 7 (for five Tuesdays); First Put on Your Own Oxygen Mask, 7:30-9:00 pm, St. Columba's Episcopal Church, Washington, DC. Led by Sarah Wayland. [Register](#).

April 30, 2016 - LDAMC Conference; Successful Strategies for Home and School, Universities at Shady Grove Conference Center, Rockville, MD. <http://www.ldamc.org>

May 14, 2016 - Free - MCPS Special Education Parent Summit, 8:15 am - 1:00 pm Gaithersburg High School. [Register](#).

November 3-6, 2016 NAGC 63rd Annual Conference, Walt Disney World Resort, FL. [Get more information](#).





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Interested in getting together with other parents of gifted and distractible children in a safe and confidential setting to discuss unique challenges that gifted children bring to families?

As a SENG certified parent group facilitator, Julie will start a Parent Empowerment Group based on interest.

Please email her if you are interested and specify whether you prefer morning or evening sessions.

Julie@WithUnderstandingComesCalm.com



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We send newsletters to anyone raising, educating or working with 2e or Twice Exceptional - Gifted and Learning Differenced or Disabled - children.

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